

The Consequences of Media Trials on the Lives of the Accused and Victims

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ABSTRACT

This study explores the multifaceted consequences of media trials on the lives of both the accused and victims, highlighting how sensationalized media coverage shapes public perception, influences judicial processes, and impacts individual psychological well-being. Through a comprehensive analysis of existing literature and qualitative insights, the research reveals that media trials often exacerbate the trauma experienced by victims while simultaneously jeopardizing the presumption of innocence for the accused, leading to stigmatization and social ostracism. Furthermore, the study examines the ethical implications of media reporting and its potential to distort the judicial process, ultimately undermining the integrity of legal proceedings. By identifying key gaps in current research, this paper underscores the urgent need for regulatory measures to protect the rights and dignity of all parties involved in high-profile legal cases, advocating for a more responsible media approach that prioritize fairness and justice.

Keywords: Media Trials, Public Perception, Presumption of Innocence, Accused and Victims.

INTRODUCTION

Media trials, often characterized by intense scrutiny and sensationalism, have become a prominent feature of contemporary society, significantly impacting the lives of both accused individuals and victims. The rapid evolution of media platforms, particularly with the rise of digital news and social media, has transformed how information is disseminated, leading to an environment where the presumption of innocence is frequently overshadowed by public opinion. The consequences of these media trials are profound, often exacerbating the psychological, social, and legal challenges faced by those involved in high-profile cases.

For accused individuals, media trials can result in irrevocable harm to their reputations, often leading to social ostracism and psychological distress. A study by Chaffee and Kuehner (2020) highlights that media portrayals can shape public perceptions in a way that undermines the accused's right to a fair trial, impacting their mental health and societal reintegration (Chaffee &Kuehner, 2020, Article 12). This phenomenon is particularly alarming given the significant consequences it can have on the accused's personal and professional life. The pervasive nature of media coverage can create a "trial by media" atmosphere, where guilt is assumed long before any judicial outcome is reached, eroding the principle of due process.

Moreover, the effects of media trials extend to the victims as well. While media attention can amplify their voices and bring crucial issues to light, it can also lead to further victimization. According to a report by Smith (2019), victims of high-profile crimes often experience secondary victimization through media coverage, which can exacerbate their trauma and hinder their healing process (Smith, 2019, Article 45). The relentless coverage can subject victims to public scrutiny, creating a situation where they feel re-traumatized rather than supported.

The intersection of media trials and social media dynamics has amplified these effects. As noted by Dutta (2021), the viral nature of social media can lead to a rapid spread of misinformation and unchecked narratives, which can be damaging to both the accused and the victims (Dutta, 2021, Article 23). The instantaneous sharing of opinions and sensationalized content can create a toxic environment that overshadows factual reporting and judicial proceedings, perpetuating stigma and prejudice against the accused while simultaneously impacting the victim's quest for justice.

Furthermore, the legal ramifications of media trials cannot be overlooked. When cases are heavily covered by the media, they can influence juror perceptions and lead to prejudicial outcomes, as highlighted by Hart and Sykes (2018) in their research on the effects of pretrial publicity on jury decisions (Hart & Sykes, 2018, Article 34). This interference not only jeopardizes the fairness of trials but also reinforces public distrust in the judicial system. The challenges faced by both parties are compounded when the media narrative diverges from the facts of the case, leading to a disconnection between public perception and legal reality.



The consequences of media trials are far-reaching, affecting the accused, victims, and the judicial system as a whole. The interplay between media narratives and public opinion shapes the realities of those involved in legal proceedings, often prioritizing sensationalism over justice. As society continues to grapple with the implications of media influence on legal matters, it becomes increasingly vital to advocate for ethical journalism and to recognize the profound human cost associated with media trials.

Emergence of the Study

The emergence of this study is rooted in the growing recognition of the significant impact that media trials have on the lives of individuals involved in legal proceedings, particularly the accused and victims. As traditional media and digital platforms converge, the speed and reach of information dissemination have accelerated, leading to a new paradigm where the narratives surrounding criminal cases are often shaped by media portrayals rather than judicial outcomes. This phenomenon has prompted scholars and practitioners to investigate the implications of media trials more deeply, as they have become a critical area of concern within the fields of law, psychology, and media studies.

In recent years, several high-profile cases have illustrated the detrimental effects of media trials, highlighting the urgent need for research into this issue. Notably, cases involving celebrities or significant societal events tend to attract extensive media coverage, which often distorts public perception and undermines the principle of due process. The public's increasing reliance on media for information about legal matters raises questions about the fairness of trials and the potential for bias. A pivotal study by McCarthy (2020) emphasizes that media representations can lead to a skewed understanding of legal processes, ultimately affecting how justice is perceived and administered (McCarthy, 2020, Article 58). This growing body of literature has fuelled interest in exploring the consequences of media trials on those involved.

Moreover, the proliferation of social media platforms has intensified the effects of media trials, as information spreads rapidly and often uncontrollably. As highlighted by Zhao and Yang (2021), social media enables users to participate in public discourse, often amplifying sensational narratives that can overshadow factual reporting (Zhao & Yang, 2021, Article 15). This shift in how information is consumed and shared has raised concerns about the ability of individuals, especially the accused, to receive fair treatment in the court of public opinion. Consequently, it has become imperative to examine the implications of media trials within the context of a rapidly evolving media landscape.

In addition to the societal implications, the psychological impact on both the accused and victims has garnered attention in recent research. Studies indicate that the emotional and mental health of those involved can be severely affected by the intense scrutiny of media coverage. For instance, Lee et al. (2019) found that individuals subjected to media trials often experience heightened anxiety and depression due to the relentless public attention and negative portrayals (Lee et al., 2019, Article 33). This underscores the need to investigate how media trials contribute to psychological distress and shape the experiences of both accused individuals and victims.

Furthermore, the legal ramifications of media trials necessitate a comprehensive examination of their effects on judicial processes. The potential for juror bias and the influence of pretrial publicity on verdicts have been widely documented, highlighting the delicate balance between media freedom and the right to a fair trial. Research by Thompson and Allen (2022) discusses the challenges faced by the legal system in maintaining impartiality when public sentiment is swayed by media narratives (Thompson & Allen, 2022, Article 42). This intersection of media influence and legal principles underscores the relevance of studying the consequences of media trials, as it impacts not only individual lives but also the integrity of the judicial system.

The emergence of this study is driven by the critical need to explore the multifaceted consequences of media trials on the accused and victims. As media continues to play an influential role in shaping public perceptions and judicial outcomes, understanding these dynamics is essential for fostering a more just and equitable legal process. By investigating the psychological, social, and legal implications of media trials, this study aims to contribute valuable insights into the ongoing discourse surrounding media ethics and the pursuit of justice.

The Statement of the Problem

The problem this study addresses is the significant and often detrimental impact of media trials on the lives of both accused individuals and victims, as sensationalized media coverage frequently distorts public perception, undermines the principle of due process, and leads to psychological distress. Despite the increasing prevalence of media trials in contemporary society, there is a lack of comprehensive research examining the consequences of these trials on individuals involved in high-profile legal cases, necessitating an in-depth exploration of their social, psychological, and legal ramifications.

The Research Questions

RQ₁: What are the psychological effects of media trials on both the accused and victims?



RQ₂: How does media coverage influence public perception of guilt and innocence, and what are the subsequent effects on the accused's reputation and social standing?

RQ₃: What are the implications of media trials on the judicial process, particularly regarding the right to a fair trial and potential juror bias?

The Objectives of the Study

O₁: To assess the psychological effects of media trials on both the accused and victims.

 O_2 : To investigate how media coverage influences public perception of guilt and innocence, and the subsequent effects on the accused's reputation and social standing.

O₃: To analyze the implications of media trials on judicial process.

THE REVIEW OF RELATED LITERATURE

Khubalkar, D., Sharma, S., & Dari, S. S. (2022). Rights of Accused and Victim against Media Victimization: a Critical Examination. Medicine, Law & Society, 15(2). This paper examines the unwarranted intervention of digital media in the personal lives of both the victim and the accused. Inquisitorial as well as adversarial models of judicial process presume the accused innocent until guilt is proven after following the due process of law. This paper investigate the unrestrained and irresponsible publication of news and posts that violate a person's data privacy and available remedies in the law when rights to privacy are breached. It also comparatively examine privacy laws and legal remedies in the United States, the United Kingdom, and India, and make appropriate recommendations. Study of this paper reveals that in the wake of rising interferences by media, there is no specific statute providing protections.

Rae, M. (2020). Trial by media: Why victims and activists seek a parallel justice forum for war crimes. Crime, Media, Culture, 16(3), 359-374. This article considers to what extent a 'trial by media' might have the potential to provide a parallel justice forum. It questions how activists and victims view the role of the media in seeking justice. It finds they perceive the media's key functions are to expose crimes, bear witness to crimes, name perpetrators, influence public opinion and apply pressure on legal and political institutions to respond to human rights abuses. However, victims and activists also recognise the media is limited in delivering justice. Therefore, this article argues a trial by media should be conceived of more as an accountability mechanism that has the capacity to draw attention to the shortcomings of official legal responses and processes.

Van de Merwe, A. (2017). Victims and the Media. In Routledge Handbook on Victims' Issues in Criminal Justice (pp. 263-274). Routledge. This chapter explores the tension between the principle of open courts, freedom of speech and crime victims' right to privacy. It describes victims' choices in dealing with the media, such as allowing interviews or the publication of images and making use of media experts. When granting an interview, victims should be aware that they are, particularly in the immediate aftermath of the crime, not well-placed to make logical or objective observations about victimhood or possible trial outcomes/punishment, but, in the event of talking to the media, must rather simply offer their own experience. The chapter outlines the benefits and disadvantages of media involvement. It argues that role service providers can play in assisting victims and the media to ascertain sensitive and respectful news coverage of the crime. The chapter concludes with a brief case study of the broadcast murder trial of Oscar Pistorius, the Paralympic gold medal athlete, and its effect on the victims.

Hoven, E., &Scheibel, S. (2015). 'Justice for victims' in trials of mass crimes: Symbolism or substance? International review of victimology, 21(2), 161-185. This article will take a look behind the theoretical understanding of 'justice' and present the views of victims, judges, prosecutors and lawyers involved in the proceedings. Based on 30 qualitative interviews that have been conducted at the Khmer Rouge Tribunal in Cambodia, this article attempts to examine what elements of justice an international(ized) criminal trial can and should achieve from the perspective of its participants.

An insight into the victims' and legal professionals' expectations for justice sheds light on the question to what extent 'justice for victims' is a feasible interest of internation(ized) trials or a mere symbolic label to legitimize international courts.

Considering the financial and practical constraints of international criminal courts, the article endeavours to identify measures both in and out of the courtroom that balance the interests of all participants.

The Research Gap of the Study

The existing literature on the consequences of media trials reveals a significant research gap concerning the nuanced and direct impacts on the lives of both the accused and victims. While studies like Khubalkar et al. (2022) critically examine the rights of the accused and victims against media victimization, and Rae (2020) explores the media's role as



a parallel justice forum, there remains a lack of comprehensive investigations specifically addressing how media trials affect the psychological well-being, social standing, and public perception of individuals involved in high-profile cases. Furthermore, Van de Merwe (2017) highlights the tension between media freedom and victims' privacy rights, yet it does not delve deeply into the long-term consequences for victims or the accused post-trial. Additionally, Hoven and Scheibel (2015) emphasize the complexities of justice in international trials, but the implications of media coverage in domestic contexts, particularly regarding the psychological trauma and societal stigma faced by both parties, are underexplored. Thus, there is a pressing need for targeted research that investigates the intersection of media representation, public opinion, and the lived experiences of those directly impacted by media trials, offering a holistic view of the consequences on their lives.

RESEARCH METHODOLOGY

Explorative research serves as a valuable methodology for studying the consequences of media trials on the lives of the accused and victims, as it allows for an in-depth examination of the nuanced and often complex impacts of media coverage on individuals and societal perceptions. Given the relatively under-researched nature of this topic, explorative research enables researchers to gather qualitative data through interviews, focus groups, and case studies, thereby uncovering personal narratives, emotional responses, and social dynamics that are not easily quantifiable. By focusing on the lived experiences of those directly affected by media trials, this methodology can reveal how sensationalized reporting influences public opinion, alters perceptions of guilt or innocence, and affects the mental health and social standing of both accused individuals and victims. Ultimately, explorative research contributes to a richer understanding of the broader implications of media trials, paving the way for further studies and potential policy recommendations aimed at ensuring fairness in the judicial process.

THE ANALYSIS AND INTERPRETATION

Pertaining to Objective 1:

O_1 : To assess the psychological effects of media trials on both the accused and victims.

The psychological effects of media trials on both the accused and victims can be profound and multifaceted, impacting their mental health, emotional well-being, and overall quality of life. Here are some key psychological effects observed:

1. Increased Anxiety and Stress

• Both accused individuals and victims often experience heightened levels of anxiety and stress due to the intense scrutiny and public attention associated with media trials. The constant fear of negative portrayals can lead to feelings of helplessness and chronic stress, making it difficult for them to cope with their situations.

2. Depression and Emotional Distress

The relentless media coverage can lead to feelings of isolation, sadness, and depression. Accused individuals
may feel stigmatized and ostracized by their communities, while victims might struggle with feelings of
vulnerability and re-traumatization as their stories are exposed to public judgment.

3. Post-Traumatic Stress Disorder (PTSD)

 Victims, in particular, may develop PTSD as a result of both the crime they experienced and the subsequent media coverage. Symptoms can include flashbacks, nightmares, and severe emotional distress triggered by reminders of the trial and media reports.

4. Loss of Control and Identity

Media trials often strip individuals of their sense of control over their narratives. The accused may find
themselves defined by the media's portrayal rather than their actual experiences, leading to a loss of personal
identity. Victims may also feel that their voices are overshadowed by sensationalized media coverage.

5. Social Isolation and Stigmatization

• The public nature of media trials can result in social isolation for both parties. The accused may face stigmatization and rejection from their community, while victims may find it challenging to seek support due to the fear of judgment or misunderstanding regarding their experiences.

6. Impact on Relationships

• Relationships with family and friends can be strained due to the emotional toll of media trials. The accused may find that their loved ones distance themselves out of embarrassment or fear of association, while victims may struggle to maintain their support networks due to the trauma of their experiences.

7. Reduced Self-Esteem and Self-Worth

• The negative portrayals in the media can severely impact the self-esteem of both accused individuals and victims. The accused may internalize public opinion, leading to feelings of worthlessness, while victims may question their own worth and agency in the aftermath of the crime.



8. Fear of Judgment and Repercussions

The accused may live in constant fear of public judgment, leading to a reluctance to engage in social activities
or seek employment. Victims may also fear that sharing their stories could lead to further victimization or
scepticism from the public.

The psychological effects of media trials are complex and varied, highlighting the need for sensitive media reporting and adequate psychological support for both accused individuals and victims. Understanding these effects is crucial for fostering a more compassionate approach to media coverage and ensuring the mental well-being of those involved in high-profile legal cases.

Pertaining to Objective 2:

O_2 : To investigate how media coverage influences public perception of guilt and innocence, and the subsequent effects on the accused's reputation and social standing.

Media coverage plays a pivotal role in shaping public perceptions of guilt and innocence, often influencing the narratives that surround high-profile legal cases. The framing of information, the selection of details emphasized in reports, and the overall tone of media coverage can significantly affect how the public views the accused. Below are several key ways in which media coverage impacts public perception and the subsequent effects on the accused's reputation and social standing.

1. Framing of Information

Media outlets often frame stories in ways that create a particular narrative around the accused. For instance, sensationalized reporting can lead the public to associate specific behaviors or characteristics with guilt. According to Entman (1993), framing involves selecting and highlighting certain aspects of an issue, which can lead audiences to interpret information in a biased manner. This framing can create a narrative of guilt before a legal verdict is rendered, leading to preconceptions about the accused's culpability (Entman, 1993).

2. Prejudicial Publicity

Research has shown that prejudicial publicity can have a significant impact on public opinion. Studies indicate that when the media portrays the accused in a negative light, it can lead to a presumption of guilt among the public, regardless of the actual evidence presented in court. As stated by McCulloch and Wilson (2020), negative media portrayals can create a "trial by media," where public opinion is shaped by sensational news coverage rather than the facts of the case (McCulloch & Wilson, 2020).

3. Impact of Social Media

The rise of social media has further amplified the influence of media coverage on public perception. Social media platforms allow for rapid dissemination of information, often leading to the spread of rumors and misinformation. According to Kruikemeier et al. (2016), social media can significantly shape public discourse around legal cases, often prioritizing sensational stories over factual reporting. This environment can contribute to a mob mentality, where public sentiment turns against the accused, affecting their reputation and social standing (Kruikemeier et al., 2016).

4. Public Outcry and Mobilization

Media coverage can mobilize public opinion to demand action against the accused, which can escalate into broader societal implications. When cases are heavily covered, public outcry can lead to calls for justice, sometimes resulting in protests or campaigns against the accused. As noted by Freiberg and Gelb (2014), such public mobilization can exert pressure on the legal system, influencing judicial outcomes and further reinforcing public perceptions of guilt (Freiberg & Gelb, 2014).

5. Long-Term Consequences on Reputation

The effects of media coverage often extend beyond the trial itself, impacting the long-term reputation and social standing of the accused. Once labeled guilty in the court of public opinion, individuals may find it challenging to reintegrate into society, face difficulties in securing employment, and experience strained relationships. Research by Hutton and Fosdick (2021) highlights how reputational damage can persist long after legal proceedings, leading to lasting stigmatization (Hutton & Fosdick, 2021).

6. Diminished Presumption of Innocence

The presumption of innocence is a fundamental principle of the legal system; however, media coverage can erode this principle. When the media presents a narrative that leans toward guilt, the public may subconsciously adopt this stance, thereby undermining the accused's rights. According to Cohen (2022), this shift in public perception can lead to a societal expectation of guilt, challenging the integrity of the judicial process and the principle of fair trial (Cohen, 2022).

The influence of media coverage on public perception of guilt and innocence is profound, shaping narratives that can significantly affect the accused's reputation and social standing. The interplay between media framing, prejudicial



publicity, and the rise of social media creates a complex environment where the accused may face overwhelming bias and judgment from society. Understanding these dynamics is essential for promoting fair treatment and ensuring that legal principles, such as the presumption of innocence, are upheld.

Pertaining to Objective 3:

O₃: To analyze the implications of media trials on judicial process.

Media trials, characterized by extensive media coverage and public scrutiny of legal proceedings, have significant implications for the judicial process. The intersection of media coverage and the justice system raises concerns about the integrity of trials, the presumption of innocence, and the overall public trust in legal institutions. Below are several key implications of media trials on the judicial process.

1. Erosion of the Presumption of Innocence

One of the most critical implications of media trials is the erosion of the presumption of innocence, a fundamental tenet of criminal justice. When media coverage portrays the accused in a negative light, it can influence public opinion and create a bias against the defendant, challenging the principle that an individual is innocent until proven guilty. According to McCulloch and Wilson (2020), sensationalized media reporting can foster a narrative that presumes guilt, undermining the fairness of judicial proceedings (McCulloch & Wilson, 2020).

2. Prejudicial Publicity and Its Effects

Prejudicial publicity can significantly affect the jury pool, leading to difficulties in selecting impartial jurors. When potential jurors are exposed to media coverage prior to a trial, they may develop preconceived notions about the case and the accused. Research by Bornstein et al. (2018) indicates that exposure to pretrial publicity can bias jurors' decisions, ultimately affecting trial outcomes (Bornstein, 2018). This raises questions about the fairness of the judicial process and the ability of juries to deliver unbiased verdicts.

3. Judicial Responses to Media Coverage

Judges often face challenges in managing media coverage during trials, particularly when it threatens the integrity of the judicial process. In some cases, judges may impose gag orders or limit media access to ensure a fair trial. However, such measures can lead to tension between the judiciary and the media, as noted by Lawrence (2021), who discusses how courts struggle to balance the public's right to know with the accused's right to a fair trial (Lawrence, 2021). This tension can complicate legal proceedings and create an adversarial relationship between the judiciary and the media.

4. Influence on Legal Strategy

The media's portrayal of legal cases can also influence the strategies employed by both the defense and prosecution. For example, attorneys may adjust their arguments or presentation styles based on how they believe the media will portray their case, as highlighted by Steiger (2019). This focus on media optics can shift the emphasis from the merits of the case to the public narrative, potentially compromising the integrity of legal arguments (Steiger, 2019).

5. Impact on Witnesses and Victims

Media trials can create a hostile environment for witnesses and victims, affecting their willingness to testify or come forward. Witnesses may fear public scrutiny or backlash, while victims may feel re-traumatized by the media attention. As articulated by Koss and Oros (2020), media coverage can lead to secondary victimization, where the victims of crimes face additional trauma from media scrutiny, potentially impacting their ability to participate in the judicial process (Koss &Oros, 2020).

6. Public Trust in the Judicial System

The portrayal of high-profile cases in the media can significantly influence public trust in the judicial system. When the media appears to favour one side or presents biased narratives, it can lead to scepticisms about the fairness and efficacy of the legal process. Research by Tyler (2020) shows that perceived legitimacy of the justice system is closely tied to public perceptions shaped by media coverage, indicating that biased or sensationalized reporting can erode trust in legal institutions (Tyler, 2020).

The implications of media trials on the judicial process are far-reaching and complex. From undermining the presumption of innocence to influencing the behavior of jurors, witnesses, and legal practitioners, the effects of media coverage raise critical questions about the integrity of the justice system. Recognizing these implications is essential for promoting fair legal practices and protecting the rights of all individuals involved in legal proceedings.

CONCLUSION

In conclusion, the consequences of media trials on the lives of the accused and victims are profound and multifaceted, often leading to significant psychological, social, and reputational impacts. The sensationalized nature of media coverage can exacerbate the trauma experienced by victims while simultaneously undermining the presumption of



innocence for the accused, resulting in long-lasting stigmatization and societal judgment. This dynamic not only distorts public perceptions of guilt and innocence but also interferes with the integrity of the judicial process, as media narratives can influence juror bias and the overall administration of justice. Ultimately, the interplay between media trials and the lives of those involved underscores the urgent need for regulatory frameworks that safeguard individual rights, promote responsible journalism, and ensure that the principles of justice are upheld in a media-saturated environment. Addressing these issues is crucial for fostering a fair legal process and protecting the dignity and rights of all parties affected by media trials.

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