Declination of Interpersonal Communication due to enhancement of Technology

Sanjay Kumar

ABSTRACT

There is substantial research how our technology habits have led to a decline in communication skills among our generation. Technology has influenced the world in many positive ways. Technology is great for communication when it comes to connecting with family and friends who live far away. But what are the effects of say: Twitter, Facebook, Instagram, text messaging, etc. on every day face-to-face conversation? This paper explores the possibility of how increased exposure to communicating pathways may actually lessen communication. Mobile technology is anything one can do on phones. Due to smartphones and the availability of them one can access the internet, therefore being able to do countless things on their phones. So the research is inclusive to texting or voice calls, but also includes the countless applications one can download on a phone. Unfortunately, research shows that mobile technology is affecting communication in a negative way when it comes to sociability and face-to-face communication. Researchers have found that mobile technology can decrease communication and intimacy. The results too many research studies seem to point out is that mobile technology lessens social interaction and face-to-face communication do to the availability of stimulants online, which requires less outside stimulants such as interaction and body-to-body sociability.

Keywords: Communication skills, interpersonal, technology, decline.

INTRODUCTION

Technology is as of now changing the way we are speaking with each other. The eye to eye decrease of correspondence is the aftereffect of progression in the new gadgets and simplicity of network. The decrease of correspondence is a result of an adjustment in the medium. We have a tendency to be more disposed to trading data by means of instant messages, messages, and web-based social networking refreshes. In 1995, just six million individuals were utilizing the Internet. Presently, in 2017, around 3.7 billion individuals over the globe utilize the Internet.

Innovation isn't generally terrible for the people. In any case, an excess of dependence on it can now and again create perilous outcomes for us. For instance, the expanding utilization of music players, wake up timers, TVs, PCs, and cell phones depicts our reliance on it. The simplicity of innovation utilize has been a central point in the decrease of correspondence with a man. The utilization of these distinctive mediums has additionally affected the nature of interchanges.

This new innovation has totally changed the way we convey. It's changed pretty much every little thing about us, adjusting our exceptionally culture; it's changed the way we draw in with each other, the way we showcase brands and ourselves. To every one of us it appears like these applications have been around for a long while, yet they're still genuinely new. We've turned out to be so wrapped up with new innovation that we've practically overlooked how to connect with and communicate with each other up close and personal. This is a developing reality on the planet today that we basically can't overlook.

Its somewhat alarming in the event that you ask me. Why? All things considered, the vast majority of these substantial systems and groups won't simply quit developing; Facebook is a prime illustration. Correspondence has gone from human contact to innovative contact in a matter of seconds. Individuals now feel great informing a companion over the room when they can without much of a stretch stand up load to speak with them. Out of accommodation? I'm not so beyond any doubt, but rather it's a striking pattern. I've been finding a way to keep eye to eye correspondence alive for myself. I encourage you to do likewise. This will be useful for more than one reason. You will have the capacity to talk...
your mind a ton less demanding, feel more great before a crowd of people, and express your sentiments bitterly than through content. The genuine way certified connections are made is from eye to eye contact. Verbal rather than composed. Communicating and feeling another person's feelings is not at all like understanding it on your mobile phone. Talk your brain so anyone can hear, you'll discover more individuals have a tendency to tune in and recall you.

Obviously utilizing web-based social networking is an extraordinary approach to stay in contact with loved ones; we can connect media, utilize emojis and the sky is the limit from there. It includes correspondence where we'd typically be without it; where we'd be without the human contact we lean toward right now in time. It's awesome for following your interests and side interests, monitoring the most current items and patterns. Be that as it may, If these individuals truly mean a great deal to you, you'll require the additional push to see them and speak with them face to face.

This particularly valid for the most up to date age of children. All they see and need is innovation; freshest iPhone: check. The speediest, most slender tablet: check. On the off chance that guardians don't begin showing them how to interface and speak with individuals, at that point there's little any expectation of a future with private, characteristic contact. We will convey through innovation and that is it. Utilizing video assemblies rather than conference some person to talk. Would it be advisable for us to call it languid approach to convey? That lies subjective depending on each person's preferences, yet how about we be not kidding and legit with ourselves: online networking and advanced correspondences intensify the human experience, yet we have to advise ourselves that adjust is vital as are genuine discussions.

EFFECTS OF VARIOUS TECHNOLOGIES ON COMMUNICATION

Text messaging

Text messaging among our generation is probably the quick messaging medium we interact with most. One source listed the average amount of text messages sent per month by 18-24-year-olds was nearly 4,000 a month. With all the informal communication there is bound to be some decline in communication skills. Experts say the depth of conversations has declined. People now are more passive in their communication and look to avoid meaningful conversations. Heavy reliance upon impersonal communication has some worried it will hurt our generation's chances in the workforce.

One of the largest offenses of our generation is the lack of eye contact. Having great interpersonal skills is still the bread and butter of the working world even as the jobs requiring little in-person communication have increased. These concerns are all valid and should be kept in mind when communicating.

It is not all bad; some see text messaging as somewhat of a renaissance and an evolution of language. Text messaging also shows agility in thought shifting and the ability to succinctly convey messages in a short time frame, if used correctly. Communication skills deplete when we are not using them correctly. Text messages take the formality, syntax, and rules of the grammar out of the language usage. Thus, short messaging services are impacting the quality of communications. The use of short words and acronyms like OMG and FYI are making it hard for individuals to communicate effectively in their daily lives.

The use of shorter sentences leads to less depth and meaning in conversations. When there is no face to face conversation, the younger generation is not able to develop eye contact. Eye contact is an essential part of developing effective communication skills.

Social Media Effects

I remember being relatively new to Facebook and receiving a friend request from someone I had seen before on campus my freshman year. I saw the same person on campus at a later point and they did not speak. I found it odd someone could want to be my virtual friend but would not speak to me in person. I learned this was not an uncommon experience among my group of friends.
Social media has led to the era of virtual relationships. Friends at one time were hard-earned on the playground, on sports teams, or at school. Increasingly we have online friends who we have not spent much time communicating with in person. Scenarios such as the one just mentioned are not so much of a the decline in communication skills and the relative importance placed on in-person interaction, but a shift. People are simply communicating differently.

Social media also has affected how candid people are. With such large platforms and comparatively low consequences, people are saying things they would not normally communicate with strangers. This type of candor is permeating daily communication. The inappropriateness and informality is becoming a concern of the older generation in a workplace setting. Social media has also had helping effects. Our generation is learning how to skillfully connect, network, and thought share via social media. Social media can be an enabler to initiate a face-to-face conversation with customers. I know many people who have gained business or leads through harvesting the power of LinkedIn.

We used to cherish friendships with real friends before the advent of social media. People would find time to reach out to friends and meet them in person. However, the ability to add anyone as a friend regardless your affiliation with them has reduced the importance of depth in friendship. Even if you see someone in real life, you do not feel the urge to have a face-to-face conversation.

Mobile devices

Mobile devices are everywhere we turn, they have for many people become an essential part of life, not only are they essential in communicating they are critical in the way one accesses the internet. It is seldom we find a cell phone where we cannot use its internet capabilities to shop, play, calculate, read, communicate, etc. We live in a time in which we are permanently visible and available at all times through our many internet outlets. One needs only look around at the average social setting and see the impact of this technology on society. We see silent tables at the café, quiet train commutes, and expressionless faces on walks. There seems to be “a disconnect with all this connection” (Tuck, 2014). The availability of instant communication seems to distract us from the communication opportunities in front of us. It not only seems to lessen face-to-face communication but multiple studies have shown that internet usage can cause feelings of loneliness and busyness. Studies have also exposed the negative effects they have on body-to-body sociability, psychological well-being, and intimacy. Because internet access is standard in most all mobile devices we will include it in the term mobile technology. Texting is still included in the term but the term mobile technology is not necessarily inclusive to just texting communication. To understand mobile communication one must first see how it has grown and changed.

WAYS TO OVERCOME DECLINE OF COMMUNICATION

Here are some ways to overcome decline of communication caused by technological innovation.

Use of the Right Medium

We should not just use one medium for every type of conversation. For example, it would be more appropriate to send your colleague an office document via email instead of as an attachment on Facebook.

Avoid Use of Slang or Shorter Sentences of Words

Everyone is not familiar with the slang words, shorter sentences or self-made acronyms. Therefore, avoid using them wherever possible. The use of meaningless words and sentences adds to decline of communication.

Understand Cultural Contexts

If you are communicating with a person of another region, understand their culture. The decline of communication quality can stem from ignoring about cultural values. For example, some cultures praise individual efforts while in others, people appreciate team effort.
Learn A Few Phrases from Other Language

There is no harm in learning a few phrases with their meaning from another language. Always make sure to use them in the right context. For example, saying hi in Chinese to your Chinese client can help break the barriers of communication.

CONCLUSION

Technology definitely has its negatives when referring to a decline in communication skills. Using it correctly also has its advantages. The key is being able to balance it. Everyone should think twice before mindlessly firing off that text message or social media message. Choosing to use a phone call, video call, or quick visit instead to communicate would serve you better and provide a humanistic element. It is advised to enjoy a good conversation, or maybe, you can help yourself by improving much needed communication skills.

REFERENCES